

Anesthesia Pre-Operative Instructions

- Do not have eat or drink anything for **8 hours** before your procedure appointment. Failure to follow this instruction may be life-threatening! Do not eat, drink, chew gum, or suck on candy, even if “sugar free.” If this is not strictly followed, you will not be a candidate for sedation.
- Please take your blood pressure medication on the morning of your procedure with a sip of water. Follow your doctor's orders regarding the taking of any other medications the night before or the day of your procedure.
- Patients with asthma or COPD should bring their inhalers with them on the day of their procedure.
- Be sure that a responsible person accompanies you on the day of the procedure. It will be necessary for this person to remain at the facility during surgery and to drive you home. You can not go home alone by taxi, uber, public transportation, or bus. You should not operate or drive any vehicle for twenty-four hours after a procedure. This is for your safety.
- If you start to develop or have a cold, fever, or any other acute illness, call your surgeon’s office before your procedure.
- Please notify us if you are currently taking antibiotics or blood thinners.
- The use of electronic devices for recording purposes is NOT permitted. This includes: cameras, tape recorders, cell phones, iPods/iPads, laptop computers or any electronic device with photo, video or audio recording.
- Pregnant women cannot receive anesthesia for non-emergency surgery.
- Refrain from smoking (this includes vaping) after midnight and do not dip or chew tobacco products the day of your procedure.