

# PROCEDURE DETAILS

Your Procedure: \_\_\_\_\_

Physician: \_\_\_\_\_

Date: \_\_\_\_\_ Arrival Time: \_\_\_\_\_

## THE NIGHT BEFORE MY PROCEDURE:

- Do not eat or drink after \_\_\_\_\_.
- If you take insulin, decrease your nighttime dose by: \_\_\_\_\_

## THE MORNING OF MY PROCEDURE:

- If you take insulin, decrease your morning dose by: \_\_\_\_\_
- Take all of your morning medications with sips of water **EXCEPT:** \_\_\_\_\_  
\_\_\_\_\_
- If you take Warfarin (Coumadin), have a contrast dye allergy or have impaired kidney function:  
\_\_\_\_\_
- Shower or bathe the night before or the morning of your procedure.

## PLEASE BRING THE FOLLOWING WITH YOU ON THE DAY OF YOUR PROCEDURE:

- **If you use a CPAP at home, bring it with you.**
- You may want to bring a book or electronic device to entertain yourself while you wait for your procedure to start. Your start time may vary due to the length of procedures prior to yours, or if emergencies arise.
- A current list of your medications.
- Bring an overnight bag with home comforts if desired, as you may stay overnight.